



AT A GLANCE BULLETIN



Army Community Service
61 Quebec Street, BLD 683
Fort Devens, MA 01434-4479

Serving the Military in New England

February 2012



February 2012

Army Community Service



Fort Devens Welcome Center

61 Quebec Street, Building 683

Hours of Operation

0630-1600 Monday -Friday

<https://www.devens.army.mil>

ACS TELEPHONE NUMBERS

978-796-3023/ 3119 DSN 256-3023/ 3119

MILITARY ONE SOURCE

1-800-342-9647

www.armyonesource.com

FROM THE OFFICE OF THE ACS DIRECTOR



Imelda Fisher

MILITARY SAVES: Military Saves is a social marketing campaign to persuade, motivate, and encourage military families to save money every month, and to convince leaders and organizations to be aggressive in promoting automatic savings. The campaign is a growing network of organizations and individuals committed to helping and supporting military members and their loved ones build personal savings arsenals to provide for their immediate and long term financial needs.

Military Saves was developed and tested by its non-profit sponsor, Consumer Federation of America (CFA) and the military services from 2003 to 2006 and launched throughout the Department of Defense (Dodd) on February 25, 2007. It is part of two larger campaigns -- the Dodd Financial Readiness Campaign, and the national America Saves campaign.

While it is an ongoing campaign, the entire military community comes together to focus on financial readiness during Military Saves Week, the last full week in February Sunday to Sunday.

The campaign's lifeblood is in its partners, organizations that see the value in working together to empower members, employees, customers, and clients to become financially stable through saving, debt reduction, and wealth-building over time. <http://www.militarysaves.org>



Fort Devens ACS Face book: Fort Devens ACS is on Face book! "Like" to find out the latest news and happenings on Fort Devens and around the Army. We can be found by linking to our page <http://www.facebook.com/pages/Fort-Devens-ACS/123145824448800#!/> or searching for Fort Devens ACS and clicking "Like"

Resiliency Training Available: Call Mel at ACS at 978-796-3023. One of the Army's top priorities is to develop a holistic fitness program for Soldiers, Family members and Army Civilians in order to enhance performance and build resilience. Resilience Trainer is a course that will produce leaders with the capability to improve resilience skills to the Soldiers in order to enhance their performance and increase their resilience, both individually and collectively.

The MRT is an established program that has demonstrated efficacy in reducing behavioral health problems in a wide range of demographics. Soldiers will review the myths about resilience and why

resilience is critical for success and well-being. They will also learn about the scientific literature of the core factors that predict resilience, with a specific focus on the factors that are amenable to change. These skills have a proven efficacy in contributing to the success of teams and leaders, families, students, executives and military personnel.

FINANCIAL

How to Reach your Financial Goals in 2012

1. Take inventory of your financial health, now is the time to begin organizing all those papers and come up with a plan. Order a copy of your free credit report (www.annualcreditreport.com), gather all monthly bills and begin to write down all your monthly expenses. This will prepare you for filing your taxes and set yourself up for success in 2012.
2. Review your financial goals; keep the list short and specific.
3. Put everything on paper, create a spending plan! By creating a spending plan you will see what is coming in and what is coming out each month.
4. Be prepared for a financial emergency. Be sure to have a savings account that you can access quickly this avoids placing a large amount of money on a credit card.
5. If possible, increase contributions to an employee sponsored retirement plan. If they match, try to contribute enough to maximize the company match.
6. Start automatic savings, authorize a specific amount to go directly into a savings account, it is much easier to save if you don't see it!
7. Reduce your debt. Using the spending plan you created, begin to pay down any debt starting with high interest credit cards first.
8. Create tax free savings with a Roth IRA. Money you invest in a Roth IRA can be withdrawn tax free once certain limitations are met.
9. Don't give up! If you hit an obstacle start over and ask for help.
10. For more information or to start your financial profile, please contact Erica at 978.796.3119.

The Military OneSource FREE Tax Filing Service Is Here Featuring H&R Block At Home®

Online: Military OneSource is pleased to announce the return of the Military OneSource version of the H&R Block At Home® Online tax preparation service. If you are eligible under the Military OneSource program, you can complete, save, and file your 2011 federal and up to three state returns online for free with the H&R Block At Home® tool.

To access this free service, you must start your return from the [Military OneSource H&R Block At Home®](#) link. Once you click the link you will be required to log in to Military OneSource (new users will need to create a Military OneSource account). From the login page you will be directed to a site containing additional information on tax preparation, including the link to the Military OneSource free H&R Block At Home® service.

Why file online with H&R Block At Home®? It is fast, secure, and free! You can also check the status of your exile, be confident that your calculations are 100 percent correct or H&R Block pays the penalties and interest, and know that H&R Block is by your side in the rare event of an audit.

You can also prepare and file your taxes at your own pace. Once you create your own secure log-on user ID and password through the Military OneSource H&R Block At Home® service, you will be able to save, close, and return as often as you need to. This means that if you don't have all of your tax documents ready when you start, you can stop, gather what you need, and return as often as necessary.

This is the same free tax preparation program you may have used through Military OneSource before. If you created an H&R Block at Home® account last year, your login credentials for that account will still work and you will be able to access last year's personal tax information. However, to ensure you receive the free service, you must first login to [H&R Block At Home®](#) through the Military OneSource link.

If you have questions about this tax service or about preparing your own tax returns, please call 1-800-342-9647 and ask to speak with a Military OneSource tax consultant. Trained tax consultants are available 7 days a week from 7 a.m. to 11 p.m., EST. For online assistance with questions about deductions, exemptions, and filing deadlines, send inquiries to TaxQuestions@militaryonesource.com.

2012 MASSACHUSETTS MILITARY ASSET BUILDING & FREE TAX ASSISTANCE PROGRAM:

The MA Joint Support Family Assistance Program will be offering all Service members and their Families of ALL components in the Military **FREE TAX PREPARATION** at various locations around Massachusetts. These sites will provide Tax Preparation & Asset Building opportunities.

LOCATIONS: Wellesley, Cape Cod, Milford, Reading, Westover AFB, Worcester. Sites will be open Mon-Sat and hours will vary by location.

DATES: The tax sites will open starting the week of January 30th and run until the last day of the tax season, April 16th. Appointments can be made starting January 23rd.

ELIGIBILITY: Service members and their dependents who served in any component of the Armed Services in 2011, Military Retirees and OEF/OIF Veterans are eligible for this free service.

WHAT ARE THE BENEFITS TO USING THIS SERVICE: SAVING \$\$\$ (The average tax return costs \$200). Don't pay \$ for something that you can get it done for free. Our volunteers are certified and some are tax professionals. You will not get a bigger refund going to a paid preparer.

WHAT ASSET BUILDING OPPORTUNITIES WILL I BE MADE AWARE OF AT THE SITES? After you determine what your refund will be, you will be given opportunities to put that refund to use by being made aware of information on: paying off debt; contributing to the Thrift Savings Program, 529 Plans, IRAs, 401(k)s and other savings vehicles; using part of the refund to purchase Savings Bonds; joining the MilitarySaves campaign; and working with a financial counselor in addition to other great asset building opportunities.

WHAT SHOULD I BRING WITH ME TO THE SITE?

Proof of identification. Social Security Cards for you, your spouse and dependents. Completed Intake Sheet. Wage and earnings statements from W-2, W-2G and 1099-Rs. Interest and dividend statements from Form 1099. A copy of last year's federal and state return (if available). Form 1098 from your mortgage. Bank routing #'s and account numbers for Direct Deposit. Total paid for daycare provider and provider's tax identification # (if applicable). Any other tax forms that you receive in the mail.

To make an appointment EMAIL: ma-taxes@ng.army.mil for more information on the program calls 781-431-0197

Check Your Credit Info, Free of Charge! Until 31 March 2012, FINRA Investor Education Foundation (a part of FINRA, the Financial Industry Regulatory Authority, a sponsor of Military Saves), is providing all active duty service members and their spouses the opportunity to check their credit score and credit analysis, free of charge.

Go to <http://apps.finra.org/myFICO/2/default.aspx> and enter LSMBC22Q in the Financial Educator's Code box. Complete the form, answer the security questions, and hit Submit-that's all there is to it! Your security information is transmitted on a secure website, and checking your credit through this site has no negative impact on your score or history.

SOLDIER & FAMILY

The US Family Health Plan: is holding a Q & A session for Military Families and Military Retirees on Wednesday 15 February 2012.

Date: Wednesday 15 February 2012

Time: Drop by anytime between 2:00 p.m.-6:00 p.m.

Place: Devens Common Center, 31 Andrews Parkway, Devens, MA 01434

Subject: Good information, conversation, and answers to all your TRICARE questions.

FREE WINTER CAMP: Merrowvista in NH is offering a free winter camp for children or siblings, ages 8-13, of military members living in ME, NH, VT or MA. The dates are 29 Feb - 2 Mar 12 and the deadline for signing up is 17 Feb. MORE INFO BELOW...

WHEN: Feb 29 to Mar 2, 2012 ARRIVAL: 10:30AM PICK UP: 3:30PM

WHO: Children or siblings - ages 8 to 13 - of members of the Military Living in Maine, New Hampshire, Vermont or Massachusetts. WHERE: Camp Merrowvista is located in Center Tuftonboro, NH WHAT: Three free days of camp fun with activities including snowshoeing, arts and crafts, indoor climbing course, epic Winter Festival and much more.

TUITION: FREE Call 603-539-6607 or email tbennett@ayf.com for more information.

<http://www.ayf.com/youth-development-who-we-are.asp>

Project New Hope: Massachusetts will sponsor —FREE! weekend retreats for combat veterans from all eras, and their families to foster family togetherness through wilderness getaways to assist with the transition from wartime back to peacetime living. The camps can include single soldiers. Project New Hope held its first retreat, with combat veterans and their families getting the opportunity to stay on an historic farm at the Elm Hill Center in Brookfield, where they learned how to ride horses, relaxed through a yoga session, ate lovingly prepared meals, and sometimes just sat back to enjoy the beautiful weather together — all the while escaping from the stresses, routines and struggles of home life. But for the vets who returned to their families after tours in wars abroad, the most unique aspect of this retreat was having the support and understanding that comes from being together with men and women that know what it's like both to have served as well as what it's like to come home, and so have dealt with the same feelings and problems as they try to come to terms with their experiences.

Upcoming dates are: **Friday – Sunday , 16 – 18 March** at Grotonwood (traumatic brain injury retreat), **Friday – Sunday, 18 – 20 May** at Grotonwood (gold star retreat), **Friday – Sunday, 13 – 15 July** at Grotonwood (single & married veterans retreat), **Friday – Sunday, 14 – 16 September** at

Grotonwood (single & married veterans retreat), **Friday – Sunday, 5 – 7 October** (women veterans retreat). Register at: www.Projectnewhopema.org. For further information contact: Bill Moore, M.A., Project New Hope Massachusetts <http://www.projectnewhopema.org> <http://www.projectnewhopema.org>> P.O. Box 91 Leicester, MA 01524.

Operation Homefront New England: Operation Homefront, is a 501(c) (3) nonprofit organization that was formed in February of 2002, whose target population are active duty, Reserve, National Guard, veteran service members, or American military personnel and/or their families who have unmet needs due to death, injury, physical or mental detriment, or financial hardship as a result of service in Iraq or Afghanistan. Operation Homefront headquartered in San Antonio Texas, currently providing services to military families across the nation with 30 chapters serving 37 states, and was developed to support the families of deployed service members immediately following 9/11. Operation Homefront provides direct services that alleviate a military family's or individual's actual/complete emergency financial burden, as well as counseling and/or recovery support with: assistance, compassion, solutions and empathy. For more information regarding our services please visit our website at www.operationhomefront.net/maine

Participating TRICARE Retiree Dental Program network dentists provide a trifecta of maximum savings, quality care and added value.

Enrollees in the TRICARE Retiree Dental Program (TRDP) have both the advantage of broad access to quality dental care and the benefit of having much of the cost of that care offset by Delta Dental—helping them protect their oral health and their wallet at the same time.

Although Delta Dental pays a large part of TRDP enrollees' dental costs, there is a third way enrollees can save money on their dental care: by seeing a participating TRDP network dentist. The network offered by Delta Dental is made up of dentists in over 170,000 locations nationwide who have agreed to accept significantly lower fees for treating patients who are enrolled in the TRDP. By seeing a TRDP network dentist, an enrollee's copayments can decrease by 22 percent. Lower network dentist fees means TRDP enrollees not only have smaller copayments, but also that less money is deducted from their annual maximum, which translates into more money being left in their pockets—all without having to compromise on the quality of their dental care.

Besides agreeing to accept lower fees for TRDP covered services, network dentists have agreed to provide these additional value-added services to save enrollees time, paperwork, and even more money:

- Adhere to Delta Dental's quality-of-care standards
- Submit predeterminations of cost for more extensive treatment, at no charge
- Bill enrollees only for their applicable deductible and copayment at the time of service
- Prepare and submit all TRDP claims paperwork and related documentation
- Accept the lower, agreed-upon network fees as payment in full
- Accept payment directly from Delta Dental

Enrollees can easily find a TRDP network dentist in their area by searching the online Dentist Directory at trdp.org.

Voting Assistance for Troops: The Defense Department provides assistance to service members wanting to register to vote and cast absentee ballots in their home state elections.

http://www.pentagonchannel.mil/?pid=hHwZF_GNu8MvAuVtbbTS_tF3B_HkxE1I&player=GovDelivery

Bookmark and Share: <http://content.govdelivery.com/bulletins/gd/USDOD-26683f?reqfrom=share>

AER MG James Ursano Scholarship Program : The MG James Ursano Scholarship Program assists children of Soldiers in obtaining a 4-year undergraduate degree. Children of Soldiers on active duty, children of retired Soldiers, or children of Soldiers who died while on active duty or in a retired status are eligible.

The application period for the 2011-2012 academic year is closed. The deadline was April 1, 2011. AER is now accepting applications for academic year 2012-2013. The deadline is April 2, 2012. Go to the AER website at : <http://www.aerhq.org> Information is available for Program Description and Instructions , Online Application and Student Aid Report (SAR) Instructions. If you have any questions, please contact Mrs. Tammy LaCroix at 1-866-878-6378 or ursano@aerhq.org.

HSC Scholarship: The HSC Scholarship applications are now available at www.hanscomsc.org/HSC/HSC_Scholarship.html. The HSC awards scholarships to graduating high school seniors and spouses pursuing college-level degrees. Applicants must be a dependent of a member of the armed forces (Air Force, Army, Navy, Marines, Coast Guard, and Reserve and National Guard who were activated for a minimum of 120 days during the 2011-2012 school year.) Additionally, applicants must reside within a 150-mile radius of Hanscom Air Force Base or be a dependent of a sponsor stationed at Hanscom Air Force Base. Hanscom Spouses Club scholarships are merit based and are awarded to students who demonstrate scholarship, citizenship, leadership, and a diversity of interests. Deadline: postmarked on or before Thursday, 15 March. For more information, application process, criteria, and guidelines, please visit the website.

The Vets4Warriors: Vets4Warriors Website: www.vets4warriors.com Peer support line, 1-855-838-8255 (1-855-VET-TALK), provides easy access to supportive, non-attributional conversations with trained veteran peers representing all branches of the military. This team of veteran peers has immediate access to behavioral health clinicians to respond to potentially emergent issues and can offer referrals to local community services, military veteran centers, and military healthcare providers based upon the needs of the Service Member. A variety of services will be provided to include non-clinical (legal, financial) and referrals for clinical services (substance abuse, behavioral health).

This program is a component of a larger effort to promote individual resilience, risk reduction, and coping skills through peer support and referrals to community based services. Peer counseling is an effective method to acculturate these self-development skills without the potential stigma that some Service Members may associate with help-seeking behavior. The program also improves awareness and access to local resources that are relevant to the issues communicated by the Service Member while the utilization data can help share and refine current support programs.

THINGS TO DO IN FEBRUARY

Big savings for skiers & snowboarders: Rent skis/snowboards for the whole winter at Hanscom's Outdoor Recreation! Reservations for seasonal rentals are now being accepted. Rates include skis, boots & poles (for downhill equipment) or snowboard & boots. Seasonal renters are entitled to 2 free tunings per season. Outdoor Rec also offers tuning/wax services, a money-saving Preseason Fitting Special and 20% off all winter wear & accessories through Saturday (Nov. 12). Plus: This winter you'll save with discounted ski lift tickets, rentals of skis, snowboards, skates, snowshoes and much more available at daily/weekend or weekly rates. Details on these and many more offers are featured online. Learn more on our NEW Outdoor Recreation winterized webpage:

<http://HanscomServices.com/OutdoorRecreation.asp>

UPCOMING EVENTS AT TICKETS AND TOURS

TICKETS AND TOURS, (781) 225-6505/6498 Judie King, ITT Manager, Hanscom AFB, 98 Barksdale Street Bldg <http://www.hanscomservices.com/> PREPAID ORDERS ONLY!! Payment is due at the time the order is placed. Once the order has been placed there are no refunds.

Take a trip with us! – Registration deadline for all trips is 30 days prior to departure or space available.

Old Town Trolley Tour - Available are Old Town Trolley Tour tickets at \$32 each and AMC Cinema tickets at \$6.75 each.

Disney on Ice “Dare to Dream” – Tickets are available for **Sunday, 19 February, at 5 p.m.**, at the TD Garden. Loge seats, \$24.50 each. Cutoff date for placing orders is Friday, 3 February and noon.

St. Patrick's Show Fest – Will be held on **Friday, 16 March**, \$70 per person; includes round-trip transportation, lively Irish music show with Trooper Dan Clark and a delicious family style feast at White's of Westport MA.

Hockey East Finals – Tickets are available for **Saturday, 17 March, at 8 p.m.**, at the TD Garden. Loge seats, \$37 each. Cutoff for placing orders is Friday, 2 March at noon.

Boston Flower and Garden Show – Tickets are available for **Saturday, 17 March**; \$80 per person. Trip features admission to the show, a delicious full-course luncheon at Maggiano's and round-trip transportation.

Washington DC – Tickets are available for **Tuesday – Sunday, 29 March - 1 April**, \$459 per person double; includes round-trip transportation, luxury Embassy Suites Hotel, 5 full-course meals and sightseeing with a native Washington guide.

Harlem Globetrotters – Tickets are available for **Saturday, 31 March, at 2 p.m.**, at TD Garden. Loge seats, \$22 each. Cutoff date for placing orders is Thursday, 15 March at noon.

HANSCOM AIRMAN AND FAMILY READINESS CENTER

February 2012

Please Call 781-225-2765 to Register

Serving the total force...Programs are free to all single and married Active Duty, Reserve, and Guard personnel, DoD civilians, retired Military personnel and Family members

MILITARY FAMILY LIFE CONSULTANTS (MFLCs) provide free, short-term, non-medical, solution-oriented counseling on a range of issues. For service members and their families – no records are kept. Call (781) 686-3084 and leave your first name only for an appointment!

PRIVATE SECTOR RESUME CRITIQUE sessions are held by appointment only. Resumes are reviewed by an A&FRC employment specialist with HR experience – a great opportunity for feedback to improve your resume format and content. Email your resume to 66.fss.fsfr.cmb@hanscom.af.mil. You will receive a response in 3-5 business days. **Prior attendance at an A&FRC or TAP resume writing class is recommended.**

PRESEPARATION COUNSELING will be held February 1, 8, 15, 22, and 29 from 9 to 11 a.m. Weekly sessions for separating and retiring service members to complete the mandatory DD Form 2648, Pre-separation Counseling. The session provides critical information about benefits, resources, and services available as you transition from military to civilian life. **By law, this counseling must be provided at least 90 days prior to your date of separation or retirement. Service members must complete the counseling prior to attending the Department of Labor (DOL) Employment Workshop.**

THRIFT SAVINGS PLAN (TSP) INSIGHTS – LUNCH AND LEARN will be held February 1 from 12 to 12:45 pm. Join us for a lunch time seminar on TSP. Find out about your investment choices. Learn about how much you should contribute, rolling your TSP into a Roth IRA, and about a little known benefit that allows CSRS employees to bump up their retirement savings. Presented by the Hanscom Federal Credit Union. FREE lunch is included.

PREPARING FOR HOMECOMING: REUNION BRIEFING FOR SPOUSES AND CHILDREN will be held February 1 from 3 to 4 p.m. Simultaneous sessions for spouses and children ages 6 and older. If you are anticipating a reunion with your service member within the next two months, please join us for two special briefings that will help you and your children prepare for the big event. In these interactive workshops, you'll receive practical suggestions for coping with reunion and reintegration, and the children's session will feature fun reunion activities and a personalized gift for the returning parent.

PRIVATE SECTOR RESUME WRITING CLASS will be held February 3 from 1 to 3 p.m. This basic resume writing course covers how to write and format an effective private sector resume and cover letter. Federal resume basics are also discussed.

VETERAN AFFAIRS DISABILITY CLAIMS REVIEW (By Appointment Only) A representative from AMVETS, a veterans' service organization, will assist you in processing your disability claim and answer questions. **Call the AMVETS Service Representative at 617-303-5698 for an appointment.**

HOW TO AVOID FALLING IN LOVE WITH A JERK/ETTE will be held February 4 from 9 a.m. to 12 p.m. Learn more about the person you care about before you say "I do". Are you compatible? What should you beware of? How do you really know this is the one for you? Join us for this fun and enlightening seminar for singles and singles-again.

HEART LINK NEW SPOUSE ORIENTATION will be held February 6 from 1 to 4 p.m.

Welcome to the military family! Heart Link is a wonderful orientation workshop for any spouse married to a service member from any branch of the armed services who wants to learn more about military life. Our spouses are the heart of this great Armed Forces family and the lifeline behind your sponsor's success in the military. The Heart Link program will provide you with essential information you need to know to make your life in the Air Force exciting, fulfilling, and rewarding (and you'll win prizes!). Join us and we'll get started on our journey!

CAR BUYING WORKSHOP will be held February 7 from 5 to 7 p.m. Should you buy new or used? Should you purchase an Extended Warranty? What part does your FICO score play in the buying process? Is leasing better for you? What about a loan? Should you get it from the dealership, bank, or credit union? How can you negotiate the price of a car? What is gap insurance? If this is your first car, how much can you afford? Get all these questions answered and more. Presented by Cambridge Consumers' Council, a member of the Massachusetts Consumers' Coalition. Free "Car Smarts Guide" to all attendees.

E-SMOOTH MOVE SEMINAR will be held February 9 from 11 a.m. to 12 p.m. Learn how to navigate the new internet based resources designed for PCS moves, and where to get answers to your questions about your upcoming move. Informational handouts will be provided. **Spouses encouraged to attend!**

MOVING WITH CHILDREN will be held February 9 from 12 to 1 p.m. Parents! Please join us for this special presentation immediately following the E-Smooth Move seminar. We'll discuss tips and techniques to help make moving and adjustment to a new school easier for your children – whether it's their first move or their fifteenth.

HEARTS APART "Send a Hug, Get a Hug" will be held February 9 from 4:30 to 6 p.m. Families of deployed, remote tour, and extended TDY service members, please join us to make special Valentine "hug" T-shirts for mom and dad. Pizza and fun is also on the menu. We'll be meeting in the Attic, Building 1216, across the street from the Airman & Family Readiness Center. **Please RSVP by calling 781-225-2765 or emailing 66.fss.fsfr.cmb@hanscom.af.mil.**

FEDERAL RESUME WRITING FOR USAJOBS will be held February 10 from 9 a.m. to 12 p.m. Improve your odds of getting a federal job by learning resume writing basics, how to locate essential skills and keywords, how to write accomplishment statements, and much more.

TRANSITIONING FROM A MILITARY TO A CIVILIAN CAREER: DEPARTMENT OF LABOR (DOL) EMPLOYMENT WORKSHOP (Formerly known as the TAP SEMINAR) will be held February 13 to 17. This workshop is designed to assist voluntarily and involuntarily separating or retiring service members make a successful career transition. Plan to attend at least 6 months prior to separation or retirement. Dress is civilian attire (business casual). Spouses are welcome! Seminar begins at 12 p.m. on Monday and runs 8 a.m. to 4 p.m. Tuesday and Wednesday; Thursday 8 a.m. to 4 p.m. and Friday 8 a.m. to 12:30 p.m., featuring out processing and benefits and entitlements briefings from base and Veterans Administration representatives. **Register early.**

MAKING MARRIAGE WORK AFTER DEPLOYMENT will be held February 16 from 6 to 7:30 p.m. Join Hanscom's Military and Family Life Consultant for a discussion about the unique challenges of reuniting as a couple after deployment. We'll offer possible solutions and skills for building a more stable and satisfying relationship.

COMMUNICATION AND ASSERTIVENESS will be held February 23 from 11:30 a.m. to 12:30 p.m. Why is communication important to talk about? How much of our communication is actually nonverbal? Learn how to avoid roadblocks, become an active listener, send clear and consistent messages both verbally and nonverbally, and assertively express your ideas and feelings in an open, honest and direct way. Presented by Hanscom's Military and Family Life Consultant.

FAMILY WELCOME will be held February 28 from 9:30 to 11 a.m. **at the Airman and Family Readiness Center, Building 1218.** Attention newly arrived spouses! Are you interested in learning all about Hanscom AFB? Do you have small children and are unable to attend the Installation Commander's Welcome? Then this program is designed just for you. Receive money saving tips and shopping information while learning about schools, recreation, local attractions, safety, security, education, employment and more. For families with small children and all others.

US ECONOMY – WHAT'S HOT/NOT will be held February 28 from 11 a.m. to 1 p.m. Learn what direction the economy is moving in, regions/occupations improving vs. in decline, where to find pertinent information, and much more from a Department of Labor specialist. Bring your lunch.

CYBER DATING will be held February 29 from 5 to 7 p.m. Are you curious about the world of on-line dating? E Harmony reported that over 18,000,000 individuals visit their site per WEEK! Join us for a "Cyber Dating" workshop that will provide strategies for safely navigating through online sites. Learn how to safely and securely build an online profile and how to make the transition from emailing, to phone conversations, to meeting in person. Whether you're new or experienced in the online dating world, this workshop will give you useful tips on how to kindle a new relationship.

FEDERAL RESUME CRITIQUE CLINIC will be held **by appointment only.** Resumes are reviewed by employment specialists — a great opportunity for feedback to improve your resume format and content. Email your federal resume and the applicable Vacancy Announcement to 66.fss.fsr.cmb@hanscom.af.mil. You will be contacted for an appointment after we have reviewed your resume. **Prior completion of the A&FRC Federal Resume Writing for USAJOBS class or TAP Federal Employment Opportunities class is strongly recommended.**

Family Advocacy Outreach

CELL PHONE COLLECTION: The Family Advocacy Program collects used and old cell phones, and distributes them to local domestic violence agencies. Drop off phones, batteries, and chargers to the Family Advocacy Program, Bldg 1217. Please put each phone and its accessories in a sealed, plastic bag.

WIC, a nutrition and education program for income-eligible expectant parents or parents with children age birth to five is located on base. * **WIC is located in Bldg 1507** *. **WIC is on base the first and**

third Wednesday of each month from 0800 to 1530. For WIC appointments or information, call (617) 312-9974.

First Connections- Is a non-profit, family support organization that provides comprehensive services to families with young children birth through age five. First Connections serves a large geographic area that encompasses twelve metro-west communities, including Hanscom Air Force Base. All programs are free or low cost. More information is available on their website www.firstconnections.org or by calling 781-287-0221.

EMPLOYMENT READINESS

Community Manager Position:

Here's the job announcement for the Community Manager position. Please forward this along to anyone or place that will help us get this in front of veterans. The primary responsibility will be to manage all aspects of the Veterans Portal, and there is also a project management role for a second grant project to bring technology services to small businesses through Community Development Corporations (see <http://www.massbroadband.org/Usage/cdc.html>). Please let me know if you have any questions about the job. Lance Murty 508.870.0312 x610

http://www.masstech.org/agencyoverview/job_descriptions/SeniorProjectManagerMBI.html

Free Resume Help for Military Members

The below website is where Service Members can get free resume writing help and the course schedule. <http://www.networkri.org/centers.htm>

USA JOB: JOB OPPORTUNITIES ON THE BASE - Remember to go to www.USAJOBS.GOV and search for Newport, RI if you are interested in finding out and applying for positions open onboard the Naval Station. Current opportunities include a Motor Vehicle Operator that's open through next week. Spread the word! USAJOBS - The Federal Government's Official Jobs Site www.USAJOBS.GOV This is a United States Office of Personnel Management website. USAJOBS is the Federal Government's official one-stop source for Federal jobs and employment information.

Job Search: Below please find a link to critical skills needed at Booz Allen Hamilton. Please share with your contacts and have all interested email me their resumes and I will submit on their behalf – this speeds up the review process. Also, applicants must identify the job skills qualification from the list. <https://erp.bah.com/hotjobs.htm>

Military Spouse Employment Tip of the Week: When applying for a job, state in your cover letter or application that you are a military spouse of an active duty service member who may be eligible for the Military Spouse Internship Program. Spouses can apply for a federal job by visiting the USAJOBS website.

<http://www.transitionjobs.us/> Click on “Search for Opportunities” at the bottom of the page. Jobs listed by state.

www.TransitionTalk.com has launched to create an online community with shared information and resources to help veterans who are in transition. This website contains specialized articles, recommended books and links for military transition. Also, there is a web log for Q & A that aims to

provide the answers to military transition questions from Category Guides who are military and industry professionals that are eager to help veterans make a successful transition.

Website: Career Resources for Veterans: The Defense Centers of Excellence (DCoE) recently collaborated with PBS to produce a handbook for military families. Created as a companion to the PBS series "This Emotional Life," A Handbook for Family & Friends of Service Members explores the stressors and feelings individuals may encounter throughout the different phases of deployment. The handbook aims to provide solutions for Service members and identifies outside tools and resources that may be useful to friends and family members before, during and after deployment. Topics include what to expect during deployment and how to strengthen or repair relationships. Order the handbooks from the Real Warriors Campaign website at

<http://www.sc.edu/career/Webresources/veterans.html>

<http://www.realwarriors.net/materials/order>

Hanscom AFS: Resources <http://www.hanscom.af.mil>

Massachusetts Career Information System: <http://masscis.intocareers.org/default.asp>

Veterans Employment Services (978) 534-1481 x 117 www.wmoore@detma.org

Orion International: info@orioninternational.com

RELOCATION READINESS

ACS has listings for apartments or houses to rent. List is updated as housing is made available to us. Call 978-796-3023. ACS Electronic Welcome Packets
<https://www.devens.army.mil> or call 978-796-3023

Moving and Relocation Information: Terrific tips to make moving easier.
<http://afmove.hq.af.mil/Default.asp>

TRICARE Information at Hanscom AFB:

Hanscom AFB offers a monthly Newcomer Orientation Medical Clinic welcome to all new patients every Tuesday from 1300 to 1500. It is strongly recommended that Army personnel attend so they can find out about their provider, how to access emergency services, and referral. Telephone: 781-377-2120

FORT DEVENS SERVICES:

Fort Devens Mail and Distribution: Mail & Distribution Hours are as follows. The Door will be open for box pick up between the following hours. 0730 AM to 1600 PM. Window pick up 0900 AM to 1200 PM 1230 PM to 1430 PM

Education Office: The 99th RSC Education Office is located at 30 Quebec Street, (Building 666) Fort Devens, in Rooms 328, 326, and 324. POC is Lee Achenback at 978-796-2968. Services include educational and career counseling, GI Bill questions and issues, tuition assistance, financial aid and scholarship information as well as test administration and test proctoring.

Police Services Division: Vehicle Registration and Fingerprinting
0930-1030 / 1500-1600 or By Appointment.

Police: 978-796-3333

Physical Security: 978-796-2061

Carlson Wagonlit Travel/Veterans Travel: 800-945-0535 or 402-345-7596

Devens Legal: 978-796-2255

Education Office: 978-796-2868

AAFES / Clothing & Sales: 978-772-6838 / 2065

Photo Section DA Photo: 978-796-2559

Fort Devens ID Cards 978 - 796-2130, Building 683

Billeting: Bldg. 978-796-3201

Distance Learning Center: 978-796-3612 / 2605 / 2626

Transportation: Passenger 978-796-2141/ or 2393 Freight 978-796-2832/ or 2840

Vehicles: 978-796-2141

UNITED SERVICES ORGANIZATION:

Military OneSource: 1-800-342-9647 www.armyonesource.com

HELPFUL MASSACHUSETTS RESOURCES:

USO New England: <http://www.uso-newengland.org/index.htm>

Massachusetts Parks: www.state.ma.us/dem/forparks.htm

Massachusetts Wildlife: www.state.ma.us/dfwele/dfw

State of Massachusetts Child Care Finder: www.qualitychildcare.org

Massachusetts Getaway Guide: <http://www.mass-vacation.com/>

Massachusetts's area Guides net: <http://massachusetts.ag.s.myareaguide.com/>

Boston and Local Area Concerts: <http://www.bostonconcerts.com/>

Boston Pops: <http://www.bso.org/>